

# Index

## A

- acceptable quality levels (AQLs), 552
- Administrative Procedures Act (APA), 22
- adulteration, 35–50, 202
- advertising
  - FTC (Federal Trade Commission) regulations, 20
  - performance claims
    - media, 662–663
    - NAD (National Advertising Division) of the Better Business Bureau, 663, 666–667
- aerosols, 451–454
  - cosmetic formulations, 474–475
    - foams, 476
    - semi-solids, 476
    - sprays, 475–476
  - delivery systems, 454–455
    - barrier, 462–464
    - compressed gas, 461
    - dispersion, powder or suspension, 460–461
    - emulsion or foam, 457–460
    - solution, 455, 456–457
  - environmental concerns, 477–478
  - propellants, 464–465
    - carbon dioxide, 465, 469–470
    - CFCs (chlorinated fluorocarbons), 465–466
    - dimethyl ethers, 465, 467, 469
    - HCs (hydrocarbons), 466–467
    - HFCs (hydrofluorocarbons), 466, 467–469
    - nitrogen, 465, 469–470
    - nitrous oxide, 465, 469–470
  - valves and actuators, 471–474
- Africa, performance claims, 668
- air quality and aerosols, 477
- Alliance for Environmental Innovation, 516
- analytical methodology
  - analysis of
    - acid values, 556
    - acids and bases, 556–557
    - bromides, 557
    - ester values, 556
    - nitrogen, 556
    - pH measurement, 556

## Index

- saponification values, 556
- surfactants, 557
- thioglycolates, 557
- unsaponified values, 556
- volatiles and non-volatiles, 555
- water determination, 555–556
- creams, 558
- hair dyes, 558
- lipsticks, 558–566
- lotions, 558
- nail enamels and laquers, 557
- performance claims testing, 676–677
- powders, 566–567
- shampoos, 558, 567–574
- ancient cosmetics, 1–4
- APA (Administrative Procedures Act), 22
- AQLs (acceptable quality levels), 552
- arctic berry seed oils
  - EFA (essential fatty acids), 481–482
  - extraction technology, 487–488
  - natural antioxidants, 483, 487
  - studies, 488–493
  - $\gamma$ -tocopherol sources, 484–485
  - $\gamma$ -tocotrienol sources, 485–486
- Australian Certified Organic, 513

## B

- barrier aerosols, 462–464
- Better Business Bureau's NAD (National Advertising Division), 663, 666–667
- B-lymphocytes, 286–288
- Bureau of Chemistry, USDA, 21

## C

- CDER (Center for Drug Evaluation and Research), FDA, 73–74
- CFC (chlorinated fluorocarbon) aerosol propellant, 465–466
- CFSAN (Center for Food Safety and Applied Nutrition), FDA, 73–74
- Chemical Division, USDA, 21
- Chemical Safety Report (CSR), 107, 113, 118–119
- child-resistant packaging, 20
- CHPA (Consumer Healthcare Products Association), 85
- chronologic aged skin, 157–160
- CI (Colour Index) additive names, 399–400
- CIR (Cosmetic Ingredient Review), 53–54
  - cosmeceuticals, 242–243

- preservation and microbiology, 613
- toxicology in cosmetics, 184–185, 205
- claims. *See* performance claims
- Colipa (European Cosmetic, Toiletry and Perfumery Association), 615
- Color Additive Amendments, FD&C Act, 19, 405
  - certifiable and exempt colors, 408
- color additives, 44–47
  - blush products, 447–448
  - certifiable colors
    - selection, 404, 407–410, 412–413, 424–437
    - stability, 424–437
  - chemistry, 399
    - inorganic pigments, 401
    - organic pigments, 400–401
  - CI (Colour Index) additive names, 399–400
  - color names, 399–400, 407–408, 416–417
  - exempt colors
    - selection, 410–411, 415, 431, 438–440
    - stability, 431, 438–440
  - eye shadow, 446–447
  - FDA regulations, 402–407 (*See also* EU (European Union), regulations)
  - international regulations, 413–414
  - lipstick, 443–445
  - liquid makeup, 448
  - mascara, 446
  - nail polish, 448–449
  - selection, 396, 423–424, 439
    - color properties, 441–442
    - rules, 442–443
  - stability, 395–396, 423–424
  - theory, 396–398
  - toiletry products, 449
  - US, Japan and EU regulations
    - acceptable additives, 423
    - differences, 416–423
    - quality restrictions, 419, 421
    - similarities, 414–416
    - use restrictions, 415, 418–420
- Consumer Healthcare Products Association (CHPA), 85
- Consumer Product Safety Commission (CPSC), 20
  - aerosols, CFC ban, 466
  - cosmetics regulations, 91
- containers
  - aerosols, 470–471
  - misleading, 68–69
- cosmeceuticals, 235–236
  - aging, anti-aging
    - AHAs (alpha hydroxy acids), 240–244

## Index

- hormone adjuvants, 268, 273–282
  - retinoids, 236–240
- aging, reversing, 299–303
- anti-cellulite, 244–249
- hormone adjuvants, 246
  - balancing, 257
  - estrogens, 253–259
  - estrogens vs. progesterones, 259–261
  - growth/anti-aging factors, 268, 273–282
  - phytoestrogens, 253–259
  - phytosterols, 252–253
  - progesterones, 259–263
  - topical steroids, 249–252
  - transdermal vs. oral dosing, 263–264
  - vehicle delivery, 264–267, 269–272
- skin immune functions, 280, 283
  - bovine colostrum, 293–299
  - changes with age, 288–290
  - cytokines, 290–292
  - KCs (keratinocytes), 283–285
  - LCs (Langerhans cells), 283–285
  - lymphocytes, 286–288
  - macrophages, 285–286
  - mast cells, 290
- Cosmetic, Toiletry, and Fragrance Association. See CTFA
- cosmetic delivery systems, 363–364
  - bath and body products, 390
  - categories, 365–366
    - cyclodextrins, 366, 383–386
    - emulsions, 366–369
    - microencapsulation, 366, 370–379
    - molecular entrapments, 366, 383–386
    - nanoparticles, 366, 379–383
    - vesicular, 366, 387–389
    - waxes and polysaccharides, 366
  - color cosmetics, 391
  - evolution, 364–365
  - future prospects, 391–392
  - interact actions with skin, 386–390
  - skin care/treatment products, 391
  - uses, 390–391
- cosmetic efficacy, 211–212
  - skin color, 228–230
    - measurements, 230–231
  - skin hydration measurements, 223–224
    - electrical, 225–228
  - skin surface analysis
    - gloss, 212–213

- micro-topography, 213–216
- skin surface sebum, 220–223
- sunscreens
  - UVA ranges, 216–217
  - UVB ranges, 217–220
- testing, 700–701
- cosmetics
  - cosmetic/drug distinctions, 28–34
  - history
    - ancient, 1–4, 395
    - current and future, 10–14
    - 19th and 20th centuries, 9–10
    - Renaissance, 4–6
    - 17th and 18th centuries, 6–8
  - jurisdictional issues, FD&C Act, 25–27
- Cosmetics Directive
  - EU (European Union), 62
  - performance claims, 668
  - preservation and microbiology, 613, 617
  - REACH (Registration, Evaluation and Authorization and Restriction of Chemicals), 115, 116, 119, 126
  - Seventh Amendment, 121
  - toxicology, 184–185
- cosmetics manufacturing
  - engineering department, 349
  - manufacturing department, 349–350
    - heat exchangers, 361
    - liquid/liquid mixing, 358–360
    - pumps, 360–361
    - solid/liquid mixing, 352–357
    - solid/solid mixing, 350–352
    - vacuum vessels, 355, 360
  - marketing department, 348
  - planning department, 348–349
  - preservation
    - buildings/facilities, 626–628
    - cleaners, 622–623
    - cleaning and sanitization, 619–622
    - combinations used by manufacturers, 645–650
    - criteria, 636–638
    - D-values, 650
    - halogenated compounds, 644
    - new products, 644–645
    - sanitizers, 623–626
  - process, 347–348
  - purchasing department, 348
  - quality control and assurance department, 349, 547–552
  - research and development department, 348

## Index

- sales department, 349
- CPSC (Consumer Product Safety Commission), 20
  - aerosols, CFC ban, 466
  - cosmetics regulations, 91
- cradle-to-cradle packaging, 518–522
- CSR (Chemical Safety Report), 107, 113, 118–119
- CTFA (Cosmetic, Toiletry, and Fragrance Association), 77
  - CHPA (Consumer Healthcare Products Association), 85
  - CIR (Cosmetic Ingredient Review), 53–54, 184–185
    - cosmeceuticals, 242–243
    - preservation and microbiology, 613
    - toxicology in cosmetics, 184–185, 205
- EAPC (European-American Phytomedicines Coalition), 87–88
- ingredient names, 62
- international connections, 87–88
- International Regulatory/Resource Manual, 669
- manufacturing, cleaning and sanitization, 619
- Microbiology and Quality Assurance committees, 618, 619
- NDMA (Nonprescription Drug Manufacturers Association), 68–69
- OTC regulations, 77–78, 87–88
- performance claims, 669
- product adulteration, 43–44
- SDA (Soap & Detergent Association), 84–85
- toxicology, 184, 188

## D

- Dark Ages and cosmetics, 3
- delivery systems. *See* aerosols, delivery systems; cosmetic delivery systems
- Department of Health, Education, and Welfare (DHEW), 21
- Department of Health and Human Services. *See* HHS
- dermis, 129–130, 137–140
  - chronologic aged skin, 158
  - photodamaged skin, 158
- Division of Chemistry, USDA, 21
- Drug Amendments, FD&C Act, 19

## E

- EAPC (European-American Phytomedicines Coalition), 87–88
- Ecocert, 513
- ECVAM (European Center for the Validation of Alternative Methods), 187
- EFAs (essential fatty acids), 479–481
  - arctic berry seed oils, 481–482
- Egyptian cosmetics, 1–2
- Elizabeth I, Queen, 5

- emulsions/emulsifiers, 366–369
  - aerosols, 457–460
  - HLB (Hydrophile-Lipophile-Balance) system
    - blends, 533–535
    - breakdown, 530
    - formation, 529
    - HLB values, 530–532
    - ionic surfactants, 533
    - liquid crystalline stabilization, 542
    - selection, 541–542
    - stabilization, 529–530
    - water-soluble ingredients, 542
- Enquiry Into Plants*, 15
- environmental concerns. *See also* green cosmetics
  - aerosols, 477–478
- Environmental Defense, 516
- EPA (Environmental Protection Agency), 20
  - aerosols, 477
    - CFC ban, 466
    - toxicology in cosmetics, 185
- epidermis, 129–134
  - chronologic aged skin, 158
  - Langerhan’s cells, 152
  - photodamaged skin, 158
  - skin infections, 154
  - skin protection, 152
  - stratum corneum, 134–137
- essential fatty acids (EFAs), 479–481
  - arctic berry seed oils, 481–482
- estrogens, 253–259
  - vs. progesterones, 259–261
- EU (European Union)
  - color additive regulations
    - acceptable additives, 423
    - differences, 416–423
    - quality restrictions, 419, 421
    - similarities, 414–416
    - use restrictions, 415, 418–420
  - Cosmetics Directive, 62
    - performance claims, 668
    - preservation and microbiology, 613, 617
    - Seventh Amendment, 121
    - toxicology, 184–185
  - organic regulations, 513
  - performance claims, 668
  - preservation and microbiology, 613–617
  - REACH (Registration, Evaluation and Authorization and Restriction of Chemicals), 97–101

## Index

toxicology in cosmetics, 184  
European Cosmetic, Toiletry and Perfumery Association (Colipa), 615  
European-American Phytomedicines Coalition (EAPC), 87–88

## F

Fair Packaging and Labeling Act (FPLA), 22  
FDA (Food and Drug Administration). *See also* FDAMA; FD&C Act  
    adulteration, 35–50  
    aerosols, 477  
        CFC ban, 466  
    agencies, 20–21  
    animal testing, 186–187  
    antimicrobials, 84–85  
    CDER (Center for Drug Evaluation and Research), 73–74  
        OTC Drug Review, 74–75  
    CFSAN (Center for Food Safety and Applied Nutrition), 73–74  
    color additives, 402–407, 414 (*See also* EU (European Union), regulations)  
        Color Additive Amendments, 405  
        disagreements with industry, 404  
    containers, misleading, 68–69  
    cosmetic drug regulation history, 72–74  
    counterfeiting, 69  
    enforcement, 69–72  
        and compliance policies, 23  
        recalls, 207  
        risk assessments, 207–208  
        warning letters, 206–207  
    GMP (good manufacturing practice), 42–43  
    green plant processing, 505  
    HHS (Department of Health and Human Services), 70  
    jurisdictional issues, 24–25  
        cosmetic/drug distinctions, 28–34  
        cosmetics, 25–27  
        drugs, 27–28  
    labels  
        batch or lot codes, 65–66  
        country of origin, 66  
        expiration dates, 65–66  
        ingredients, 63–64, 188  
        manufacturer, packer, or distributor, 62–63  
        misbranding, 55–65, 202  
        net content, 61–62  
        OTC drug labeling, 75–78  
    Office of Colors and Cosmetics, 73  
    OTC drug labeling, 75–78, 204  
        FDAMA (FDA Modernization Act) regulations, 78–84

- OTC Drug Review, 74–75
  - CDER (Center for Drug Evaluation and Research), 73–74
- packaging
  - OTC drugs, 77
  - tamper-evident, 67
- performance claims, 66, 663
- poisonous substances, 36–39
- preservation and microbiology, 611–613
  - sterilization, 618–619
- safety, 50–55, 683
  - OTC drugs, 76
- sunscreens, 79–81, 85–87
- toxicology in cosmetics, 183–184
  - recalls, 207
  - risk assessments, 207–208
  - Warning Letters, 206–207
- FDAMA (FDA Modernization Act), 20, 70. *See also* FDA; FD&C
  - OTC drug labeling, 78–82
    - registration of non-US manufacturers, 82–84
- FD&C (Federal Food, Drug, and Cosmetic) Act. *See also* FDA; FDAMA
  - administrative authority, 22–23
  - amendments, 19–20
  - color additives, 403–404
  - counterfeiting, 69
  - jurisdictional issues, 24–27
    - cosmetic/drug distinctions, 28–34
  - statutory authority, 22–23
  - toxicology in cosmetics, 183
- Federal Security Agency. *See* DHEW
- Federal Trade Commission. *See* FTC
- Filled Cheese Act, 16
- Food, Drug, and Insecticide Administration, USDA, 21
- Food Additive Amendments, FD&C Act, 19
- Food and Drug Administration. *See* FDA
- Food and Drugs Act of 1906, 16–18
  - color additives, 402–403
- FPLA (Fair Packaging and Labeling Act), 22
- FTC (Federal Trade Commission), 20
  - advertising, 20
  - cosmetics regulations, 89–91
  - performance claims, 663, 664–665

## G

- Galen, 2, 4
- global warming, aerosols, 477
- GMP (good manufacturing practice)

## Index

- color additives, 408, 410, 419
- cosmetics manufacturing, 347
- FDA (Food and Drug Administration), 42–43
  - foreign production of OTC drugs, 83
- green cosmetics, 505
- preservation and microbiology
  - European Union, 613
  - United States, 612
- Greek cosmetics, 2–3
- green cosmetics, 495–496
  - botanicals, 500–504
  - packaging
    - cradle-to-cradle design, 518–522
    - cradle-to-grave design, 518
    - final package design, 522–524
    - sustainable packaging, 515–518
  - plant processing, 505–506
  - plant sources
    - cosmetics formulation, 506–508
    - green ingredients, 508–512
    - organic certification, 512–515
    - sustainable harvest, 504–505
- green philosophy, 496–497
  - implementation, 497–500

## H

- HACCP (Hazard Analysis Critical Control Point), 652
- hair, 140–146
  - color, 333–334
  - cortical layers, 312, 315, 320–321
  - cuticle layers, 312, 315, 316–320
  - development, 311–314
  - dyes, 47–49
  - mechanical properties, 334–339
  - molecular structure, 334–339
  - performance claims, 657–658
  - proteins
    - cross-links, 321–322
    - keratin-associated, 329–332
    - keratins, 322–328
    - trichohyalin, 332–333
- Hazard Analysis Critical Control Point (HACCP), 652
- hazardous chemicals, 39–41
  - Environmental Protection Agency, 20
- HFC (hydrofluorocarbon) aerosol propellant, 465, 466, 467–469
- HHS (Department of Health and Human Services)

- administration of FD&C Act and FPLA, 22
- agencies, 21
- FDA enforcement, 70
- Hippocrates, 2
- history of cosmetics
  - ancient, 1–4
  - current and future, 10–14
  - 19th and 20th centuries, 9–10
  - preservation and microbiology, 617–619
  - regulation, 72–74
  - Renaissance, 4–6
  - 17th and 18th centuries, 6–8
- HLB (Hydrophile-Lipophile-Balance) system
  - emulsions/emulsifiers
    - blends, 533–535
    - breakdown, 530
    - formation, 529
    - HLB values, 530–532
    - ionic surfactants, 533
    - liquid crystalline stabilization, 542
    - selection, 541–542
    - stabilization, 529–530
    - water-soluble ingredients, 542
  - with PIT (phase inversion temperature) system, 543–544
  - reasons for using, 527–528
  - requirements, 536
    - calculating, 539–541
  - testing procedures, 537–539
    - final analysis, 543
  - testing setup, 536–537
  - viscosity adjustments, 544
- hormone adjuvants, 246
  - balancing, 257
  - estrogens, 253–259
  - estrogens vs. progesterones, 259–261
  - growth/anti-aging factors, 268, 273–282
  - phytoestrogens, 253–259
  - phytosterols, 252–253
  - progesterones, 259–263
  - topical steroids, 249–252
  - transdermal vs. oral dosing, 263–264
  - vehicle delivery, 264–267, 269–272

## I – K

- INCI (International Nomenclature Cosmetic Ingredient), 62
- Interagency Coordinating Committee for the Validation of Alternative Methods, 187

## Index

### Japan

- color additives
  - acceptable additives, 423
  - differences, 416–423
  - quality restrictions, 419, 421
  - similarities, 414–416
  - use restrictions, 415, 418–420
- organic regulations, 513
- performance claims, 668

## L

### labels

- batch or lot codes, 65–66
  - country of origin, 66
  - expiration dates, 65–66
  - false and misleading, 56–60
  - FTC (Federal Trade Commission), 89
  - information not prominent and conspicuous, 67–68
  - ingredients, 63–64
  - manufacturer, packer, or distributor, 62–63
  - misbranding, 55–56
  - net content, 61–62
  - OTC drug labeling, 75–78
  - performance claims, 66, 89–90
  - required information, 60–61
  - warnings, 64–65
- landfills and aerosols, 477
- Langerhan's cells (LCs), 152, 283–285
- Lanham Act, 667
- Latin America, performance claims, 668–669
- LCs (Langerhan's cells), 152, 283–285

## M

- manufacturing. *See* cosmetics manufacturing
- “may injure” definition, 35–36
- Meat Inspection Act, 16
- microbiology
  - performance claims testing, 675
  - preservation/preservatives
    - acids, 643–644
    - anhydrous products, 636
    - biofilms, 652
    - chemical, 638–642
    - criteria, 636–638

- D-values, 650
- European Union, 613–617
- HACCP (Hazard Analysis Critical Control Point), 652
- halogenated compounds, 644
- history, 617–619
- manufacturers' combinations, 645–650
- manufacturing cosmetics, 619–628
- microbial limits, 635
- new products, 644–645
- PET (preservative efficacy testing), 632–635
- raw materials and contamination, 628–629
- United States, 611–613
- water, 629–632
- water activity, 652
- microencapsulation, 366, 370–379
- microorganisms and skin, 153–154, 155
- misbranding, 55–65, 202
- molecular entrapments, 366, 383–386

## N

- NAD (National Advertising Division) of the Better Business Bureau, 663, 666–667
- nanoparticles, 366, 379–383
- National Toxicology Program (NTP), 54
- NDMA (Nonprescription Drug Manufacturers Association), 68–69
- Nonprescription Drug Manufacturers Association (NDMA), 68–69
- NTP (National Toxicology Program), 54
- nutraceuticals. *See* artis berry seed oils

## O

- OASIS (Organic And Sustainable Industry Standards), 513
- Office of Colors and Cosmetics, FDA, 73
- organic certification, 512–515
- Oriental cosmetics, 3–4
- OTC Drug Review
  - antimicrobials, 83, 84
  - CDER (Center for Drug Evaluation and Research), 74
  - process, 74–75
  - sunscreens, 86
- OTC (over-the-counter) drugs
  - antimicrobials, 84–85
  - cosmetics, 32
    - background, 72–74
  - CTFA (Cosmetic, Toiletry, and Fragrance Association), 77–78, 87–88

## Index

EAPC (European-American Phytomedicines Coalition), 87–88  
FDAMA (FDA Modernization Act) regulations, 78–84  
international connections, 87–88  
labels, 75–78  
performance testing, 667  
registration of non-US manufacturers, 77–78  
review process, 74–75  
SDA (Soap & Drug Association), 84  
state regulations, 92  
sunscreens, 79–81, 85–87  
    efficacy measurements, 216–220  
over-the-counter drugs. *See* OTC drugs

## P

packaging  
    child-resistant, 20  
    CPSC (Consumer Product Safety Commission), 20  
    FTC (Federal Trade Commission), 89  
    green cosmetics  
        final package design, 522–524  
        sustainable packaging, 514–518  
    quality control and assurance, 550  
    tamper-evident, 67  
performance claims, 655  
    examples, 657–661  
    media used for expression, 662–663  
    monadic vs. comparative, 656, 662  
    from published data/technical rationale, 677  
regulation  
    Africa, 668  
    CTFA's International Regulatory/Resource Manual, 669  
    EU (European Union), 668  
    FDA (Food and Drug Administration), 66, 663  
    FTC (Federal Trade Commission), 663, 664–665  
    Japan, 668  
    Lanham Act, 667  
    Latin America, 668–669  
    NAD (National Advertising Division) of the Better Business Bureau,  
        663, 666–667  
    national advertising clearance, 663–664  
testing, 669  
    analytical methodologies, 676  
    instrumental testing, 669–671  
    microbiological testing, 675  
    panel testing, 674–675

- sensory evaluations, 674–675
  - in vitro studies, 673–674
  - in vivo studies, 671–673
  - types, 655–656
  - Pesticide Amendments, FD&C Act, 19
  - PET (preservative efficacy testing), 632–635
  - Pharmaceutical Affairs Law (Japan), 668
  - photodamaged skin, 157–162
  - PIT (phase inversion temperature) system, 543–544
  - Poison Squad, 16, 17
  - poisonous substances, FDA, 36–39
  - preservation and microbiology
    - anhydrous products, 636
    - biofilms, 652
    - cosmetic manufacturing
      - buildings/facilities, 626–628
      - cleaners, 622–623
      - cleaning and sanitization, 619–622
      - sanitizers, 623–626
  - European Union, 613–617
  - HACCP (Hazard Analysis Critical Control Point), 652
  - history, 617–619
  - microbial limits, 635
  - PET (preservative efficacy testing), 632–635
  - preservatives
    - acids, 643–644
    - chemical, 638–642
    - combinations used by manufacturers, 645–650
    - criteria, 636–638
    - D-values, 650
    - halogenated compounds, 644
    - new products, 644–645
  - raw materials and contamination, 628–629
  - United States, 611–613
  - water, 629–630
    - sanitization of equipment and lines, 632
    - treatment methods, 630–631
    - water activity, 652
- pressurized dispensers. *See* aerosols
- propellants for aerosols, 464–465
  - carbon dioxide, 465, 469–470
  - CFCs (chlorinated fluorocarbons), 465–466
  - dimethyl ethers, 465, 467, 469
  - HCs (hydrocarbons), 466–467
  - HFCs (hydrofluorocarbons), 466, 467–469
  - nitrogen, 465, 469–470
  - nitrous oxide, 465, 469–470

## Index

### Q

- quality control and assurance, manufacturing, 349, 547–548
  - AQLs (acceptable quality levels), 552
  - batch controls, 550–551
  - final product controls, 551
  - packaging controls, 549–550
  - raw materials, 548–550
  - statistics, 551–552
- Queen Elizabeth I, 5

### R

- REACH (Registration, Evaluation and Authorization and Restriction of Chemicals)
  - basic elements, 102–103
    - authorization, 113–114
    - evaluation, 105
    - registration, 104, 106–113
    - restrictions procedures, 114
  - cosmetic industry, 114–122
  - EU (European Union), 97–101
  - regulatory process effects
    - global formulation trends, 123–124
    - increased costs, 124
    - ingredients, loss of existing, 122
    - preparedness, 125–128
    - supplier cooperation, 124–125
- Registration, Evaluation and Authorization and Restriction of Chemicals. *See* REACH
- Renaissance cosmetics, 4–6
- rheology, 575–576
  - manufacturing
    - controlling air bubbles, 598–602
    - mixing effects, 596–598
    - scale-up problems, 593–596
  - product development, 588–593
  - product stability, 591–592
  - properties
    - controlling in cosmetic formulation, 588–589
    - measuring, 586–588, 603–604
    - modifying, 593
    - temperature effects, 604–607
  - quality control, 607–608
    - shear stress, 603–604
    - temperature effects, 604–607
  - sensory perception, 589–591
  - viscosity, 576–579

- Newtonian/non-Newtonian fluids, 579–581
- shear-dependent fluids, 581–583
- thixotropic fluids, 583–586
- Roman cosmetics, 2–3

## S

- safety regulations/requirements
  - FDA (Food and Drug Administration), 50–55, 683
  - OTC drugs, 76
- testing cosmetics, 682–687
  - follow-up phase, 688–689
  - induction phase, 687
  - people variables, 698–700
  - prediction variables, 690
  - procedural variables, 690–697
  - product variables, 697–698
  - rest/incubation phase, 688
- toxicology in cosmetics, 183–188
  - post-marketing strategies, 205
  - pre-marketing strategies, 202–205
  - self regulation, 205
- SDA (Soap & Detergent Association), 84–85
- Sherley Amendment (1912), 18
- Sinclair, Upton, 17
- skin
  - aging process, 155–157, 235–236
    - chronologic aged skin, 157–160
    - photodamaged skin, 157–162
  - anti-aging
    - AHAs (alpha hydroxy acids), 240–244
    - hormone adjuvants, 268, 273–282
    - retinoids, 236–240
  - artis berry seed oils
    - EFA (essential fatty acids), 481–482
    - extraction technology, 487–488
    - natural antioxidants, 483, 487
    - studies, 488–493
    - $\gamma$ -tocopherol sources, 484–485
    - $\gamma$ -tocotrienol sources, 485–486
  - blood vessels, 139
    - skin temperature controls, 153
  - chronologic aged skin, 157–160
  - color, 228–230
    - measurements, 230–231
  - delivery systems (See cosmetic delivery systems)
  - dermis, 129–130, 137–140
  - EFA (essential fatty acids), 479–481

## Index

- epidermis, 129–134
  - stratum corneum, 134–137
- functions, 150–153
- hair, 140–146
- hydration measurements, 223–224
  - electrical, 225–228
- immune functions, 280, 283
  - bovine colostrum, 293–299
  - changes with age, 288–290
  - cytokines, 290–292
  - KCs (keratinocytes), 283–285
  - LCs (Langerhans cells), 283–285
  - lymphocytes, 286–288
  - macrophages, 285–286
  - mast cells, 290
- infections, 154–155
  - bacteria species, 156
- microenvironment, 153–155, 156
- moisturization, 170–174
  - measuring, 174–175
- nails, 146–149
- performance claims, 659–661
- photodamaged skin, 157–162
  - reversing, 299–303
- sebaceous glands, 140–146
- sunscreens, 79–81, 85–87
  - UVA ranges, 216–217
  - UVB ranges, 217–220
- surface analysis
  - gloss, 212–213
  - micro-topography, 213–216
- surface sebum, 220–223
- surfactant interactions, 162–169
  - measuring in vivo, 169–170
- sweat glands, 150
- Soap & Detergent Association (SDA), 84–85
- Society of Dyers and Colourists, 399
- Soil Association, 513
- SPC (Sustainable Packaging Coalition), 516–518
- SPF (sun protection factor), 217–220
- stratum corneum, 134–137
  - surfactants, 166
  - water loss, 152
- sunscreens, 79–81, 85–87
  - UVA ranges, 216–217
  - UVB ranges, 217–220
- sustainable packaging, 515–518
- Sustainable Packaging Coalition (SPC), 516–518

## T

- testing cosmetics, 681
  - animal testing, 186–187
  - efficacy testing, 211–212, 700–701
    - skin color, 228–231
    - skin hydration measurements, 223–228
    - skin surface analysis, 212–216
    - skin surface sebum, 220–223
    - sunscreens, 216–220
  - HLB (Hydrophile-Lipophile-Balance) system, 537–539
    - final analysis, 543
    - testing setup, 536–537
  - performance claims, 669
    - analytical methodologies, 676
    - instrumental testing, 669–671
    - microbiological testing, 675
    - panel testing, 674–675
    - sensory evaluations, 674–675
    - in vitro studies, 673–674
    - in vivo studies, 671–673
  - PET (preservative efficacy testing), 632–635
  - safety testing, 682–687
    - follow-up phase, 688–689
    - induction phase, 687
    - people variables, 698–700
    - prediction variables, 690
    - procedural variables, 690–697
    - product variables, 697–698
    - rest/incubation phase, 688
  - toxicology methodologies
    - clinical, 189, 201–202
    - in vitro, 189, 197–201
    - in vivo, 189, 190–197
- The Jungle*, 17
- Theophrastus, 15
- Toxic substances Control Act of 1976, 185
- toxicology in cosmetics, 181–183
  - FDA (Food and Drug Administration)
    - recalls, 207
    - risk assessments, 207–208
    - Warning Letters, 206–207
  - safety regulations/requirements, 183–188
    - post-marketing strategies, 205
    - pre-marketing strategies, 202–205
    - self regulation, 205
  - test methodologies
    - clinical, 189, 201–202

## Index

in vitro, 189, 197–201

in vivo, 189, 190–197

## U

ultraviolet (UV) rays

ranges

UVA, 216–217

UVB, 217–220

skin aging process, 157, 159–160

skin structural protection against, 152

vitamin D synthesis, 153

US Department of Agriculture. *See* USDA

US Department of Agriculture (USDA)

agencies, 16

Wiley, Dr. Harvey W., 16

US Department of Health and Human Services. *See* HHS

US Food and Drug Administration. *See* FDA

USDA (US Department of Agriculture)

agencies, 16

Wiley, Dr. Harvey W., 16

UV (ultraviolet) rays

ranges

UVA, 216–217

UVB, 217–220

skin aging process, 157, 159–160

skin structural protection against, 152

vitamin D synthesis, 153

## V – Z

VOCs (volatile organic compounds), 478

Wiley, Dr. Harvey W., 16